



FIRST THINGS FIRST

The right system for bright futures

SAN CARLOS APACHE REGIONAL PARTNERSHIP COUNCIL

HEALTH INTERVENTION GRANT PROGRAM

REQUEST FOR GRANT APPLICATION

FTF-RC029-10-0030-00

FACT SHEET

WHAT IS THE HEALTH INTERVENTION GRANT PROGRAM?

The First Things First San Carlos Apache Regional Partnership Council is releasing a Request for Grant Applications for the strategy of developing a health intervention program; to provide childhood interventions and prevention targeting nutrition, healthy weight and physical exercise.

During a recent community discussion hosted by the San Carlos Apache Regional Partnership Council, an increase in childhood obesity in the community was observed and attributed to the lack of nutrition and physical activity programs for the children in the region. This need was further supported by anecdotal data produced by a recent Apache Health Food Survey which suggests that more than 60 percent of Apache families including children are pre-diabetic.

American Indians of all ages and both sexes have a high prevalence of obesity. The high prevalence of diabetes mellitus in American Indians shows the adverse effects that obesity has in these communities. Obesity has become a major health problem in American Indians only in the past one to two generations and is believed to be associated with the relative abundance of high-fat foods and the rapid change from active to sedentary lifestyles. The poor success rate of adult obesity treatment programs in the general population points to the need to develop prevention approaches aimed towards children. Because eating and physical activity practices are formed early in life and may be carried into adulthood, prevention programs that encourage increased physical activity and healthful eating habits targeted toward young people need to be developed and tested.

WHAT IS THE TOTAL AMOUNT OF FUNDING AVAILABLE?

Approximately \$63,000 is available in this Request for Grant Application. Contract renewal will be contingent upon satisfactory contract performance, evaluation and availability of funds.

The anticipated contract period for any resultant grant will be July 1, 2009 to June 30, 2010.

PROPOSED TIMELINE FOR THE GRANT MAKING PROCESS

March 5, 2009	Notice of Intent/Fact Sheet available to the public
March 5, 2009	RFGA available on-line
March 16, 2009	Pre-application Conference 9:00 AM to 11:30 AM at San Carlos Apache Gold Convention Center Highway 70 San Carlos, Arizona 85550
April, 16, 2009	Applications due to the location listed in the RFGA by 3:00 p.m.
July 1, 2009	Anticipated grant awards made

HOW TO GET A COPY OF THE RFGA

Please visit the First Things First web site on or after March 5, 2009: <http://www.azftf.gov/>

QUESTIONS?

All questions must be submitted in writing and include FTF-RC029-10-0030-00 in the subject line of the email or on the cover sheet of the fax.

Questions should be submitted to the Grants and Contracts Procurement Specialist via email at grants@azftf.gov or via fax at (602) 265-0009.